

Scott Roberts

Scott holds a B.S in Exercise Physiology from C.S.U., Chico, an M.S. in Exercise Physiology from Sacramento State and a Ph.D. in Exercise Physiology from the University of New Mexico. Roberts is currently the associate dean of the School of Natural and Applied Sciences at Jessup.

With his expertise in faith-based fitness, Scott has spearheaded the creation of multiple courses at Jessup University. He is currently working to develop a faith-based fitness certification through Jessup. Scott's involvement extends beyond fitness, as he has played a pivotal role in the expansion of Jessup's health sciences division, aiding in the introduction of nursing and healthcare administration programs. In addition to his academic contributions, Scott has devoted over six years to street ministry in Chico, CA and now actively participates in homeless outreach with Kingdom Roar Ministries Sacramento. His passion for combining faith and fitness is evident in his extensive written works, which cover topics ranging from strength training for children to sports.