

## Scott Roberts' Bio

Scott Roberts hails from Northern California and holds a B.S in Exercise Physiology from C.S.U., Chico, an M.S. in Exercise Physiology from C.S.U., Sacramento and a Ph.D. in Exercise Physiology from the University of New Mexico. Roberts is currently the Associate Dean of the School of Natural and Applied Sciences at Jessup. He has developed several faith-based fitness courses including: Faith-Based Fitness and Wellness; Sport and Fitness Ministry; and Fit in Faith: Why Our Bodies Matter to our Faith and is currently working on a faith-based fitness certification through Jessup. He has also been involved in the development of the health sciences division at Jessup, including assisting with the development and launch of the nursing and healthcare administration programs. He has served as a Street Pastor in Chico, CA for over 6 years and now serves on the homeless outreach team for Kingdom Roar Ministries Sacramento. His current interests include writing and teaching in the areas of; faith-based fitness and wellness, sports ministry, exercise for chronic disease / disability and exercise physiology. Dr.Roberts has written numerous books, chapters, and articles on topics ranging from strength training for children, faith and fitness, and sports and fitness ministry. Roberts frequently speaks at faith-based conferences, including; Redefined Fitness Conference, Orlando FL 2016 & 2019, REACH Gathering – Dallas, TX, 2017, Christian Society for Kinesiology, Leisure & Sport Studies – Nashville, TN 2017 and Sacramento, CA 2022. He is a featured presenter for the 2024 REACH Gathering this year in Charlotte, NC. His presentation this year is titled, "Nurturing Faith-Focused Fitness Leaders: Shaping the Next Generation."