

# CAREER READINESS COURSES



## WHY ENROLL?

- Take advantage of in-depth career readiness classes to ensure you are on track for your career.
- Prepare for internships and post-grad employment and make valuable connections in your industry.
- Earn up to 8 units to boost your GPA while learning how to "adult."
- Plan to enroll in 175, 275, 375 and internship courses in the recommended timeframes below.

### LDRS 175: CAREER EXPLORATION (FR / SOPH)

- Explore Career Assessments
- Research Career Occupations
- Identify best fit internships and career paths
- 1 Unit (Also offered online)

### LDRS 375: CAREER READINESS (JR / SR)

- Learn how to search for your internship
- Prepare an effective resume, cover letter and LinkedIn profile
- Practice Interviewing Strategies
- 1 Unit (Also offered online)

### APPLY & LAUNCH

- Update Career Plan with CLP
- Actively Apply & Interview
- See CLP for Job Search support

1

FRESHMEN

2

SOPHOMORES

3

JUNIORS

4

SUMMER BEFORE  
SENIOR YEAR

5

SENIORS

### LDRS 275: PROFESSIONAL COMPETENCIES (SOPH / JR)

- Identify and refine competencies desired by employers
- Create professional portfolio for internship / job search
- Develop solid examples of your skills and abilities
- 2 Units + 2 hours/week

### ENROLL IN PROGRAM INTERNSHIP/FIELDWORK (JR / SR)

- Enroll in internship course for your program (unit load will vary)  
Ensure ALL paperwork and hours are completed and submitted to Internship Professor in a timely manner
- Revise your resume & LinkedIn profile with new experiences

## ADDITIONAL STEPS

- Contact Career & Life Planning for more information regarding any of these courses.
- Individual course sequencing and unit load may vary.
- See your Success Coach and Faculty Mentor for details.
- Attend CLP events to network and expand internship & job opportunities.
- Follow the CLP Calendar on the Jessup Life App for events.

Visit [my.jessup.edu/clp](https://my.jessup.edu/clp) for all career readiness resources - Jessup Job Board: [jessup.edu/jobs](https://jessup.edu/jobs)  
Appointments: [jessup.mywconline.com](https://jessup.mywconline.com) - Questions: [careerservices@jessup.edu](mailto:careerservices@jessup.edu)